

CLASS ZOOM GUIDELINES



HOW DOES 'ZOOM' WORK?

Zoom is a cloud-based video conferencing service. Once you have booked onto the course, all information and instructions will be emailed to you. We recommend you read the information offered on Zoom, and ensure you have the ability and confidence to use the service before the workshops commence.

DO I NEED INTERNET ACCESS?

Yes. You will need a strong Wifi connection for the best experience. Using an ethernet cable to 'hard wire' your internet into a computer could offer further stability and speed.

WHAT DEVICE SHOULD I USE?

We recommend that you use a device with the largest screen available. A desktop or laptop is ideal (phones and tablets can be too small to see clearly) Some people may be able to mirror their computer screen to their TV for an even better view.

WILL I BE SEEN AND HEARD?

All participants have the choice to have their cameras disabled throughout. You will only be able to see tutor and any participants in the class who choose to have their camera on. You will be asked to mute your mic throughout the class.

HOW CAN I ASK QUESTIONS?

Participants will be able to talk directly to the tutor via the chat function. Type your comments and questions.

WHAT SHOULD I WEAR?

Wear what you would normally wear to a dance class. Appropriate clothing that you can move easily and safely in. Trainers or dance shoes – we do not recommend dancing in socks or bare feet, even on carpet. Remove all jewellery and tie up long hair off the face.

HOW MUCH SPACE DO I NEED?

We understand that space is going to be limited. Choreography will be designed to keep routines as compact as possible. However, it is important that your space is clear and tidy. Please consider potential risks, choose an appropriate space and remove any hazards. We also know pets can get excited when you're dancing and want to get involved, but please keep them away to avoid tripping.

NB. If you engage in our online dance class, you agree that you do so at your own risk; are voluntarily participating in these activities; and assume all risk of injury to yourself. DanceXchange and the tutor take no responsibility for any personal loss or injury caused whilst participating in this class